

Midlands Area Parenting Partnership

Delivering Triple P positive parenting programmes to Parents in Laois, Offaly, Longford & Westmeath



Longford	Autumn 2018	2 Hour workshops
Two hour Topic Based Workshops for Parents of 2-10 year olds	Date/Time	Venue
Dealing with Disobedience	Tuesday 18th September 10am	Primary Care Centre, Ballyminnion, Longford Town
Dealing with Disobedience	Tuesday 18th September 7.30pm	Family Centre, St. Mel's Rd., Longford Town
Hassle- Free Mealtimes <u>-for parents of 2-6 year olds</u>	Tuesday 25th September 10am	Primary Care Centre, Ballyminnion, Longford Town
Dealing with Disobedience	Tuesday 4th December 10am	Primary Care Centre, Ballyminnion, Longford Town
Dealing with Disobedience	Tuesday 4th December 7.30pm	Family Centre, St. Mel's Rd., Longford Town
Two hour Topic Based Workshops for Parents of 11-15 year olds	Date/Time	Venue
Reducing Family Conflict	Thursday 20th September 10am	Primary Care Centre, Ballyminnion, Longford Town
Reducing Family Conflict	Tuesday 25th September 7.30pm	Family Centre, St. Mel's Rd., Longford Town
Building Teenagers' Survival skills	Thursday 6th December 10am	Primary Care Centre, Ballyminnion, Longford Town



For bookings/enquiries, please contact us on (090) 64 47111

Website www.askaboutparenting.ie

Our Facebook page: askaboutparenting

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Longford	Autumn 2018	7 Week Programmes
7 Week Programmes	Date/Time	Venue
Junior Programme for parents of 2-10 year olds	Thursday 4 th October 10am	Primary Care Centre, Ballyminnion, Longford Town
Teen Programme for parents of 11-15 year olds	Tuesday 2 nd October 10am	Primary Care Centre, Ballyminnion, Longford Town
Teen Programme for parents of 11-15 year olds	Tuesday 2 nd October 7.30pm	Family Centre, St. Mel's Rd., Longford Town



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Westmeath			Autumn 2018			2 Hour workshops		
Mullingar Area								
Two hour Topic Based Workshops for Parents of 2-10 year olds			Date/Time			Venue		
Dealing with Disobedience			Tuesday 25th September 10am			Westmeath Community Development Offices, Mullingar		
Developing Good Bedtime Routines			Tuesday 25th September 10am			Westmeath Community Development Offices, Mullingar		
Dealing with Disobedience			Tuesday 11th December 7.30pm			Westmeath Community Development Offices, Mullingar		
Managing Fighting & Aggression			Tuesday 11th December 7.30pm			Westmeath Community Development Offices, Mullingar		
Two hour Topic Based Workshops for Parents of 11-15 year olds			Date/Time			Venue		
Coping with Teenagers' Emotions			Tuesday 25th September 7.30pm			Westmeath Community Development Offices, Mullingar		
Getting Teenagers to Co-Operate			Tuesday 25th September 7.30pm			Westmeath Community Development Offices, Mullingar		
Reducing Family Conflict			Tuesday 11th December 10am			Westmeath Community Development Offices, Mullingar		
Building Teenagers' Survival Skills			Tuesday 11th December 10am			Westmeath Community Development Offices, Mullingar		



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Westmeath	Autumn 2018	2 Hour workshops
Athlone		
Two hour Topic Based Workshops for Parents of 2-10 year olds	Date/Time	Venue
Hassle- Free Mealtimes <u>for parents of 2-6 year olds</u>	Wednesday 12 th September 10am	Clonbrusk Resource Centre
Hassle- Free Mealtimes <u>for parents of 2-6 year olds</u>	Wednesday 12 th September 7pm	Athlone Education Centre
Hassle- Free Mealtimes <u>for parents of 2-6 year olds</u>	Wednesday 28 th November 10am	Clonbrusk Resource Centre
Hassle- Free Mealtimes <u>for parents of 2-6 year olds</u>	Wednesday 28 th November 7pm	Athlone Education Centre
Dealing with Disobedience	Monday 17 th September 7pm	Athlone Education Centre
Dealing with Disobedience	Tuesday 18 th September 10am	Clonbrusk Resource Centre
Dealing with Disobedience	Wednesday 5 th December 10am	Clonbrusk Resource Centre
Managing Fighting & Aggression	Wednesday 5 th December 10am	Clonbrusk Resource Centre
Developing Good Bedtime Routines	Wednesday 5 th December 10am	Clonbrusk Resource Centre
Outings with your Child	Wednesday 5 th December 10am	Clonbrusk Resource Centre
Dealing with Disobedience	Tuesday 4 th December 7pm	Athlone Education Centre
Managing Fighting & Aggression	Tuesday 4 th December 7pm	Athlone Education Centre
Developing Good Bedtime Routines	Wednesday 5 th December 7pm	Athlone Education Centre
Outings with your Child	Wednesday 5 th December 7pm	Athlone Education Centre



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Two hour Topic Based Workshops for Parents of 11-15 year olds	Date/Time	Venue
Athlone		
Reducing Family Conflict	Tuesday 16 th October 10am	Clonbrusk Resource Centre
Building Teenagers' Survival Skills	Tuesday 23 rd October 10am	Clonbrusk Resource Centre
Getting Teenagers to Co-Operate	Monday 19 th November 7pm	Athlone Education Centre
Coping with Teenagers' Emotions	Tuesday 20 th November 10am	Clonbrusk Resource Centre
Coping with Teenagers' Emotions	Tuesday 20 th November 7pm	Athlone Education Centre
Getting Teenagers to Co-Operate	Wednesday 21 st November 10am	Clonbrusk Resource Centre

Westmeath	Autumn 2018	7 week Programme
7 Week Programmes	Date/Time	Venue
Teen Programme for parents of 11-15 year olds	Tuesday 2 nd October 7.30pm	Westmeath Community Development Offices, Mullingar
Teen Programme for parents of 11-15 year olds	Thursday 4 th October 10am	Clonbrusk Resource Centre
Junior Programme for parents of 2-10 year olds	Tuesday 2 nd October 7 .30pm	Athlone Education Centre
Junior Programme for parents of 2-10 year olds	Tuesday 2 nd October 10am	Westmeath Community Development Offices, Mullingar



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Laois			Autumn 2018			2 Hour workshops		
Two hour Topic Based Workshops for Parents of 2-10 year olds			Date/Time			Venue		
Dealing with Disobedience			Tuesday 18th September 7pm -9pm			Portlaoise Education Centre		
Dealing with Disobedience			Tuesday 23 rd October 10am-12pm			Treo Nua Resource Centre, Portlaoise		
Managing Fighting & Aggression			Tuesday 13 November 7pm -9pm			Portlaoise Education Centre		

Laois			Autumn 2018			2 Hour workshops		
Two hour Topic Based Workshops for Parents of 11-15 year olds			Date/Time			Venue		
Coping with Teenagers' Emotions			Tuesday 18th September 10am-12pm			Treo Nua Resource Centre, Portlaoise		
Coping with Teenagers' Emotions			Tuesday 23 rd October 7pm-9pm			Portlaoise Education Centre		
Reducing Family Conflict			Tuesday 13 November 10am - 12pm			Treo Nua Resource Centre, Portlaoise		



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Laois Autumn 2018 7 Week Programmes		
7 Week Programmes	Date/Time	Venue
Junior Programme for parents of 2-10 year olds	25 th September 10am	Treo Nua Resource Centre, Portlaoise
Junior Programme for parents of 2-10 year olds	26 th September 9.30am	Mountmellick Development Association
Teen Programme for parents of 11-15 year olds	25 th September 7pm	Portlaoise Education Centre



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Offaly Autumn 2018 2 Hour workshops		
Two hour Topic Based Workshops for Parents of 2-10 year olds	Date/Time	Venue
Dealing with Disobedience	Thursday 20 th September 10am	Clara Family Resource Centre
Hassle- Free Mealtimes for parents of 2-6 year olds	Tuesday 27 th November 10am	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Dealing with Disobedience	Tuesday 11 th December 10am	Youth Café/ Sub Project, Main st, Birr.
Dealing with Disobedience	Tuesday 27 th November 7.30pm	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Developing Good Bedtime Routines	Thursday 29 th November 10am	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Outings with your Child	Thursday 29 th November 7.30pm	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Two hour Topic Based Workshops for Parents of 11-15 year olds	Date/Time	Venue
Getting Teenagers to Co-operate	Monday 17 th September 10am	Barnardos Office, Tullamore
Coping with Teenagers' Emotions	Tuesday 18 th September 10am	Youth Café/ Sub Project, Main st, Birr.
Coping with Teenagers' Emotions	Wednesday 19 th September 10am	Barnardos Office, Edenderry
Coping with Teenagers' Emotions	Tuesday 27 th November 7pm	Youth Café/ Sub Project, Main st, Birr.
Getting Teenagers to Co Operate	Monday 3 rd December 7pm	Clara Family Resource Centre
Getting Teenagers to Co Operate	Tuesday 4 th December 10am	Youth Café/ Sub Project, Main st, Birr.



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Coping with Teenagers' Emotions	Tuesday 4 th December 10am	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Getting Teenagers to Co Operate	Tuesday 4 th December 7.30pm	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Coping with Teenagers' Emotions	Thursday 13 th December 10am	Clara Family Resource Centre

Offaly 7 week Group Programmes Autumn 2018

7 Week Programmes	Date/Time	Venue
Junior programme for parents of 2-10 year olds	Tuesday 25 th September 7pm	Youth Café/ Sub Project, Main st, Birr.
Junior programme for parents of 2-10 year olds	Tuesday 2 nd October 7.30pm	Tullamore Community Family Resource Centre, Arden View, Tullamore.
Junior programme for parents of 2-10 year olds	Thursday 27 th September 9am	Scoil Bhríde N.S., Edenderry
Junior programme for parents of 2-10 year olds	Thursday 27 th September 10am	Clara Resource Centre
Teen Programme for parents of 11-15 year olds	Wednesday 3 rd October 10am	Tullamore Community Family Resource Centre, Arden View, Tullamore.



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